



Our Menus

Our diverse menus include a wide variety of options to suit all tastes and are based on feedback from pupils, staff, the catering team, parents and guardians. We run a three-week menu cycle that changes twice a year.

Managing Allergies & Other Medical Diets

Your child's health and safety will always be of the utmost importance to us, and having accurate information about dietary needs and allergies is crucial for us to prepare and serve meals that meet their requirements

Taylor Shaw's dietitians and catering team work together and follow a robust process, so you can feel reassured that whenever safely possible, an alternative menu will be provided. All the teams receive allergy training annually, and whenever there's an update to allergen laws.

Our guide 'Medical Diet Menus - A Guide for Parents, Guardians & Carers' contains further information about the medical diet process and includes step by step instructions for you to record this information to ensure we are fully aware of any medical diet requirements.

About Our Food

Our menu is sourced responsibly and uses:

- Red Tractor-certified meat
- Marine Stewardship Council fish (MSC)
- Free-range eggs
- Local suppliers for bread, fruit & vegetables, and dairy products to reduce food miles
- Seasonal produce

Eat & Learn

We encourage pupils to learn about food through our food education program which includes fun-themed events, assemblies, and displays with messaging around health and wellbeing.

Eating a School Lunch is Better for Your Child

Did you know only 1% of packed lunches meet the nutritional standards that currently apply to school food? Here are five reasons school lunches are better:

- They can save time & money
- They're nutritionally better than a packed lunch
- They promote a varied diet & encourage new tastes
- They support inclusivity, dining with friends
- They help academic attainment by being linked to improved concentration

Free School Meals

Reception Class, Year 1 or Year 2

Your child will be able to receive universal free school meals if they're in a government-funded school and in reception class, year 1 or year 2.

Year 3 & above

Your child may be able to get free school meals if you receive any of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

Children who get paid these benefits directly, instead of through a parent or guardian, can also get free school meals.

Find further information and how to apply on your local authority's website.

Simply Veg – A Resource for Parents and Guardians

Simply Veg brings together a range of expert contributors including chef's, nutritionists, psychologists and children's entertainers to combine their skills to improve UK families' diets. Simply Veg helps parents with the real challenges they face every day around the different aspects of feeding their children.

Support and resources focus on creating a positive food environment within the home, how to gently engage kids, understand their natural taste and sensory preferences, effective role modelling and what to do when your children just say "no". In addition, Simply Veg provides advice aimed specifically at families with neurodiverse children developed with support from a specialist dietitian.

To access the Simply Veg website click here <https://simplyveg.org.uk/>