

# ULLESTHORPE CE PRIMARY SCHOOL

**OAK CLASS FOCUS**

**FRIDAY 5TH JUNE 2026**

[WWW.ULESTHORPE.LEICS.SCH.UK](http://WWW.ULESTHORPE.LEICS.SCH.UK)



## UPCOMING DATES

**Year 5 Experience day at  
Lutterworth College:**

Monday 8<sup>th</sup> June

**Year 6 Pilgrimage day:**

Wednesday 10<sup>th</sup> June

**Colour Dash event:**

Friday 12<sup>th</sup> June 2:15pm

## HEAD OF SCHOOL

**MRS J. ALLEN**

We continue to focus on our school's vision as the Summer term moves along:

**'Learn together, Grow together, Shine forever'.**

The Christian value in focus for this half term has been 'Perseverance' and we have observed this value in our children's actions in multiple ways: through the efforts that our children make with their S.T.A.R listening and learning, and in the superb 'can do' attitudes that our Year 6 pupils displayed during their SATs assessments recently.

In this newsletter, we especially celebrate the hard work, character development and joyful experiences provided for our Oak Class children.

We also send our congratulations to the most recent 'stars-of-the-week' who have been showing their very best S.T.A.R listening and shining the light of their good choices and achievements:

Eric, Molly, Libby, Finn, Greyson, Ruby, Josh, Georgia, Arlin, Jonas, Xander, Isaac, Freya, and Olivia.

Very well done to them all!

As always, please do come and speak with me at the school gates, or make an appointment through the school office.

*Learn Together, Grow Together, Shine Forever*

**We are delighted to share the highlights of our recent Ofsted Inspection.**

**'Live so they will see the good things you do'  
Matthew 5:16**



**School office: 01455 209926  
Email: ullesthorpe@ipat.uk**

**Inspiring Primaries  
Academy Trust**  
Inspiring all to flourish and succeed

# Ofsted Feb 2026

Strong standard



Expected standard



**'Pupils arrive to school with a smile...and cannot wait to start their school day' OFSTED**

**'Relationships between pupils are warm, respectful and supportive' OFSTED**

**'Pupils say they feel safe' OFSTED**

**'Every child is known extremely well. The (EYFS) provision works in partnership with families' OFSTED**

**'Pupils progress well... and are well prepared for their next steps' OFSTED**



**Ofsted**



**Read our report ↗**

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## S.T.A.R SHOW

Oak Class are so very excited, in fact they can't stop their giggling, to share their show with you shortly!

Rehearsals for 'Gigglebox' have started in earnest, with artistic direction by the wonderfully talented Mrs Leese: be sure to find your seats for the 29th June and 1st July!



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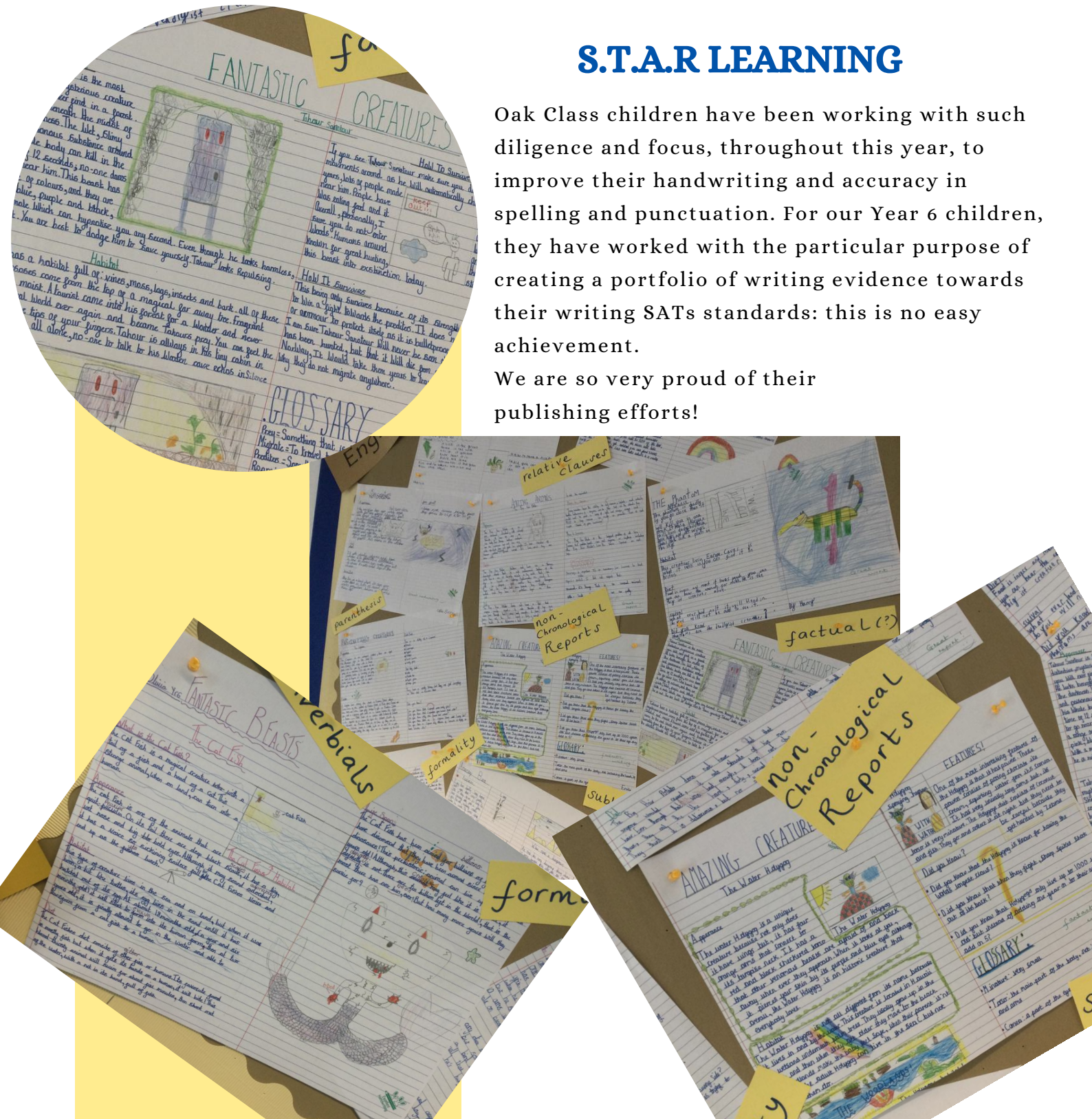
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## S.T.A.R LEARNING

Oak Class children have been working with such diligence and focus, throughout this year, to improve their handwriting and accuracy in spelling and punctuation. For our Year 6 children, they have worked with the particular purpose of creating a portfolio of writing evidence towards their writing SATs standards: this is no easy achievement.

We are so very proud of their publishing efforts!



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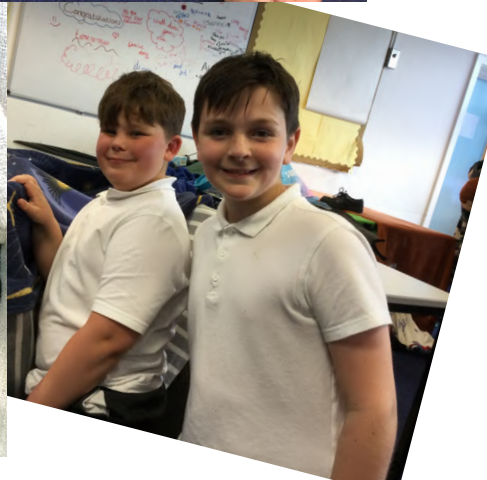
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## SATS & RELAX!

Our eldest Year 6 children gave such superb 'first best' efforts to their SATs assessment week before the half term break - we couldn't be prouder whatever the results!

They had certainly earned their rest and rewards after such incredible endeavours. Year 5 also joined in with the post-SATs relax to reward their patience and positive support of their older classmates. Well done to them all!



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## CHARITY PARTNERS

We have been involved with supporting a number of worthwhile charities this academic year.

Next Friday afternoon, 12<sup>th</sup> June, will see a Bubble Blast Colour Dash at Ullesthorpe CE Primary for LCH (Lifting Children's Hopes) who support families struggling with essentials and experiences for their children. Please gather sponsorship for this event if you can - forms were sent home before the half term.

**We are looking for parent volunteers to help us get Colour Dash messy - so please get in touch asap if you can help at all on the afternoon of Friday June 12th!**



Mrs Hartley has today shared more exciting sponsorship news and revealed our visiting athlete - swimmer Joe Roebuck - will join us on Friday 19<sup>th</sup> June in school for an athletic event.

This important charity 'Great Athletes' is a social enterprise to encourage and support more children to be physically active.

We will keep 60% of any sponsorship monies raised, to spend on activities or equipment to promote physical activity.

**Please support both of these sponsorship events if you are at all able.**

Have you heard?  
**Team GB Swimmer  
JOE ROEBUCK**  
is coming to our school

Scan to sponsor  
Search our school

- 🏃 Get the children moving in a fun fitness circuit
- 🏊 Witness the strength, talent & resilience of a top athlete
- 🏠 Raise money for new sports equipment

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**MOMENTS  
MATTER,  
ATTENDANCE  
COUNTS.**

## ENCOURAGING ATTENDANCE

SCHOOL ATTENDANCE CHECK-IN

LET'S KEEP OUR ATTENDANCE HIGH - EVEN  
AROUND HALF TERM BREAKS PLEASE

Class:	Last Week %	This Week %
Willow	82	90
Maple	94	95
Birch	96	96
Oak	92	91

### Year Group:

EYFS	81	95
Year 1	87	92
Year 2	97	93
Year 3	95	96
Year 4	97	97
Year 5	93	93
Year 6	91	89

School Overall % (this Year):

**95.1%**

National Average:

**94.6%**

# SUPPORTING CHILDREN'S MENTAL HEALTH

## 10 Conversation Starters for Parents

Talking about mental health to children is sometimes hard. To the point that we can put off raising the subject, not wanting to unearth problems or raise overwhelming subjects that we perceive our child is too young or not ready for. But rather than keeping children in the dark, this guide is designed to help you confidently talk about mental health, so they feel comfortable talking about their own worries and end any stigma before it begins.



### 1 LISTEN

This sounds obvious, but it is not something we are always great at. Active listening is where we listen without interrupting or making judgements and shows interest in what is being said. If your child feels listened to in the 'smallest of problems' they will become confident that you will listen when the 'biggest of problems' arise.

### 2 ASK TWICE

The campaign from time to change is great. <https://www.time-to-change.org.uk/support-ask-twice-campaign>. Be tenacious about your child's wellbeing. Children instinctively know when your questions and support come from a place of wanting to help and care.

Are you sure?

### 3 THERE IS NO SUCH THING AS A STUPID QUESTION

This advice also relates to the first point. If your child can ask you any questions about the smallest of things and you listen and answer without shaming or belittling, then they will have more confidence to ask the biggest of questions.

### 4 BE OPEN AND HONEST

Children appreciate honesty, particularly if you are having to share information or talk about a difficult subject. For example, you may be talking about death or loss; 'It's very sad that Nana has died' or 'I feel sad that Nana has died'. How you talk about a subject will differ depending on their age and developmental maturity. Talking about death to a younger child for example will be different to that of an older teen, as their experience and understanding of death is different.

### 5 KNOW WHEN TO SEEK HELP

Assess the severity of the mental health difficulty you are noticing. Is the difficulty making it hard for your child to function regularly throughout everyday life? How frequently is your child affected, how long does it last and how persistent is it? Are they having problems controlling the difficulty? Talk to your child about your concerns and that it is likely they will need further support beyond family and friends.

### 6 TALK ABOUT MENTAL HEALTH NATURALLY

Speak about mental health as part of everyday life, so that talking about our feelings and those of others is normalised. If the usual 'are you ok?' is not creating an opportunity for dialogue then say something like 'I know when something like that has happened to me I felt like this... is that how you are feeling or are you feeling something else?'

### 7 EMPATHISE

'It makes sense that you would feel this way, it is understandable'. Children often worry about things that we, as adults, might see as trivial or silly. However, for them at their age and stage it is a big concern and they need our kindness and care when they show their vulnerability and share their worries.

### 8 HELP YOUR CHILD FEEL SAFE

Teens particularly feel that by talking about their worries or concerns that this will make things worse. Reassure your child that you will discuss a plan of action together and what may or may not need to happen next. If they are a younger child, it is likely you will need to lead the conversation and explain next steps.

### 9 MIND YOUR LANGUAGE

Be mindful of the language you use at home to describe and talk about mental health. Stigma often arises from misconceptions and a choice of language which is harmful. Using the word 'mental', 'man-up' or other such words in a derogatory way won't encourage your child to talk about their mental health for fear of being belittled.

### 10 IT IS OK TO SAY 'I DON'T KNOW WHAT TO DO NEXT'

Adults do not have all the answers but often children think they do. It is ok to acknowledge that what your child is experiencing is not something you have come across before or know anything about, but that you will work it out together and seek help together.

## Meet our expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department of Education, advising them on their mental health green paper.



## Sources of Information and Support

Your GP  
Young Minds <https://youngminds.org.uk/>  
<https://www.nhs.uk/conditions/stress-anxiety-depression/>  
<https://www.actionforchildren.org.uk/news-and-blogs/parenting-tips/2016/november/a-simple-guide-to-active-listening-for-parents/>  
<https://www.themix.org.uk/mental-health>